



Federación Nacional de Natación, Clavados, Polo Acuático y Nado Sincronizado de Guatemala

Informe Técnico Mensual Profesores

FOR-4-DT-INFO

Información general.

Nombre: Marlon Giovanni Estrada Aragón **Departamento:** Guatemala

Piscina: Piscina Olímpica Zona 15

Horarios: 14:00 a 15:00pm 15:00 a 16:00pm 16:00 a 17:00pm

17:00 a 18:00pm

Sábados 08:00 a 09:00am 09:00 a 10:00am 10:00 a 11:00am 11:00 a 12:00pm

Días de trabajo: Lunes Martes Miércoles Jueves Viernes

Sábados

Mes y año: mayo de 2024

Información Específica.

Objetivo general:

1. Enseñanza de las Cualidades básicas de la natación.
2. Enseñanza y corrección de los estilos de natación.
3. Técnica de los diferentes estilos.

Objetivos específicos:

1. Enseñanza de la interacción adecuada al medio acuático
2. Mejorar la coordinación y fuerza de los atletas
3. Mejorar la técnica de los diferentes elementos.

Factores que no permitieron cumplir con lo planificado: la asistencia irregular y la impuntualidad de los federados.

Observaciones:

Firma de Profesor

Vo.bo. Director Técnico



CONTROL DE ASISTENCIA DE ATLETAS A SESIONES DE ENTRENAMIENTO

| Entrenador: Marlon Estrada | Dia: Sabado | | Mes: Mayo | |
|-----------------------------------|-------------|------------|------------|------------|
| | 04/05/2024 | 11/05/2024 | 18/05/2024 | 25/05/2024 |
| HORA: 8:00 A 9:00 AM | | | | |
| Albirzures Portillo Naomi Estefan | A | A | A | A |
| Arriola monrroi Francisco | A | A | A | A |
| Castillo Pellecer Ines De Lourdes | A | A | A | F |
| Cumes orozco Isabela Nicté | A | A | A | A |
| Gimenez Urizar Emilio | A | A | A | A |
| Gomez Bamaca Antonio Javier | F | A | A | A |
| Gonzales Ibet Abigail | A | A | A | A |
| Juarez Rosales Jose Maximiliano | A | A | F | A |
| Mera Lopez Tema Nicol | A | A | A | A |
| Monroi Par Camila | A | A | A | A |
| Monrroi Par anibal | A | A | A | A |
| Moran Cotzajay Angela Gabriela | A | A | A | A |
| Paiz Grajeda Emily Luciana | A | A | A | A |
| Pocam Pablo | A | A | A | A |
| Rosales Mariana | A | A | A | A |
| Toledo Herrera Daniela Fernanda | A | A | A | A |
| HORA: 9:00 A 10:00 AM | | | | |
| Adaly ganesis | F | A | A | A |
| Arenas Castillo Deesire | A | A | A | A |
| Avila Velasquez Maria Paula | A | A | A | A |
| Avila. velasquez Mariana Isabel | A | F | A | A |
| Bustamante de Paz Blesi Abigail | A | A | A | A |
| Cardona Perez Paola Michelle | A | A | A | F |
| carrillo jax josue pablo | A | A | A | A |
| chutan Rodriguez Daniel santiago | A | A | A | A |
| dionicio estrada ivana nicol | A | A | A | A |
| domingez camei valeria Lourdes | A | A | A | A |
| Florian avila josef ibrain | A | A | A | A |
| Garcia España Emilio | A | A | A | A |
| Garcia España Nicol | A | A | A | A |
| Gonzales Cierra Noa | A | A | f | A |
| Hernandez Aldana Eliza | F | A | A | A |
| Hernandez jax melanina | A | A | A | A |
| Leon Chuni Areli Camila | A | A | A | A |
| Loarca matias ignacio | A | A | A | A |
| Lopez Villatoro Arianne | A | A | A | A |
| Lopez Beltran Dilan Gerardo | A | A | A | A |
| Lopez Veltran Gimena Sofia | A | A | A | A |
| Lopez Villatoro keira dayan | A | A | A | A |
| Meda Marroquin Daniela Renee | A | A | A | F |
| palacios mauricio Daniel eduardo | A | A | FF | A |
| Soc Juarez Angel Fabian | A | A | A | A |
| Sontai Morales Zoe Renata | A | A | A | A |
| vinicio Estrada livi sofia | F | A | A | A |

| Entrenador: Marlon Estrada | Dia: Sabado | | Mes: Mayo | |
|--|-------------|---|-----------|---|
| HORA: 10:00 A 11:00 AM | | | | |
| carrasco yac andrea sofia | F | A | A | A |
| chuni florian ilsia enrique | A | A | A | A |
| crrasco yaxc daniel eduardo | A | A | A | A |
| De leon marroquin hanny dylan cristopher | A | F | A | A |
| Fernandez martines ema sofia | A | A | A | A |
| gonzales ochoa Dania camila | A | A | A | A |
| hernandez martinez adian | A | A | A | A |
| huertas mateo luis santiago | A | A | A | A |
| Lavin Santizo uber alejandro | A | A | A | A |
| Leche Tajer Martin Isaac | A | A | A | A |
| Lopez Barrios Joselyn Nicole | A | A | A | A |
| mejicanos martinez allan Benjamin | A | A | A | A |
| montufar varillas antonela | A | A | A | F |
| Orantes Samayoa Dasha Sofia | A | A | A | A |
| Perez Alvarado Lissel Maria Fernanda | A | A | A | A |
| perez chajon ricardo David | A | A | A | A |
| Perez Gutierrez Angello Nataniel | A | A | A | A |
| Perez Segura Ariana Clarisa | A | A | A | A |
| reyes aju ana sofia | F | A | A | A |
| sanchez Chua MARIA jimena | A | F | A | A |
| sanchez chua ana belen | A | A | A | A |
| Zacarias Lopez Victoria Nicol | A | A | A | F |
| HORA: 11:00 A 12:00 AM | | | | |
| Avila Loza Mia Valentina | A | A | A | A |
| Bautista Calderon Diego | A | A | A | A |
| beteta ovando luisa fernanda | A | A | A | A |
| castro hernandez carla beatrix | A | A | A | F |
| corleto granados gladys yanira | A | F | A | A |
| cstellanos juan ignacio | A | A | A | A |
| Escobar Alvarez Arizona Mariandre | A | A | A | A |
| Garcia Rivera Santiago Nicolas | F | A | A | A |
| Garcia Rivera Santiago Nicolas | A | A | A | A |
| Gomez Castillo Nathan David | A | A | A | A |
| Gomez Penedo Ian Leonardo | A | A | F | A |
| Gonzales Mazariegos Fernando Jose | A | A | A | A |
| Gonzalez Aguilar Maria Valentina | A | A | A | A |
| leiva leon eric javier | F | A | A | A |
| leiva leon gabriel andre | A | F | A | A |
| lopez castro geili dulce sofia | A | A | F | A |
| lopez serrano diana monseran | A | A | A | A |
| Meda Lopez Ema Nicol | F | F | A | F |
| Mendoza Agilar Daniela Montserrat | A | A | A | A |
| Morales Dardon Diego Alejandro | A | A | F | A |
| Ovalle Olivares Luis Andres | A | A | A | A |
| Rodriguez Ramirez Armando Isai | A | A | A | F |
| Sanchez Gordillo Valentina | F | A | A | A |
| sinto corleto emili sofia | A | A | A | A |
| Solares Corado Valentina Montserrat | A | A | A | A |

CONTROL DE ASISTENCIA DE ATLETAS A SESIONES DE ENTRENAMIENTO

| Entrenador: Marlon Estrada | Mes: Mayo | | | | | | | | | | | | | | | | | | | | | | |
|-------------------------------------|-----------------------|------------|------------|------------|------------|------------|------------|------------|------------|------------|------------|------------|------------|------------|------------|------------|------------|------------|------------|------------|------------|------------|---|
| | Dias: Lunes a Viernes | | | | | | | | | | | | | | | | | | | | | | |
| HORA: 5 A 6 | 02/05/2024 | 03/05/2024 | 06/05/2024 | 07/05/2024 | 08/05/2024 | 09/05/2024 | 10/05/2024 | 13/05/2024 | 14/05/2024 | 15/05/2024 | 16/05/2024 | 17/05/2024 | 20/05/2024 | 21/05/2024 | 22/05/2024 | 23/05/2024 | 24/05/2024 | 27/05/2024 | 28/05/2024 | 29/05/2024 | 30/05/2024 | 31/05/2024 | |
| Daira Irana Dardos Ocampo | F | F | F | F | F | F | F | F | F | F | F | F | F | F | F | F | F | F | F | F | F | F | F |
| Fernandez Morales Mariano Augusto | F | F | F | F | F | F | F | F | F | F | F | F | F | F | F | F | F | F | F | F | F | F | F |
| Fernandez Peralta Sara Daniela | F | F | A | A | A | A | A | A | A | A | F | F | F | F | F | F | F | F | F | F | F | F | F |
| Fernandez Peralta Irma Lucia | F | F | F | A | A | A | A | A | A | A | A | A | A | A | A | A | A | A | A | A | A | A | A |
| Lopez Velasquez Adriana Sofia | F | F | A | A | A | A | A | A | A | A | F | F | F | F | F | F | F | F | F | F | F | F | F |
| Martinez Barrios Alexa Valentina | F | F | F | A | A | A | A | A | A | A | F | F | F | F | F | F | F | F | F | F | F | F | F |
| Montenegro Fernando Andre | F | F | F | A | F | A | F | F | F | A | A | A | F | F | F | F | F | F | F | F | F | F | F |
| Montenegro Velasquez Erick Fernando | F | F | A | A | A | A | A | A | F | A | A | F | F | F | F | F | F | F | F | F | F | F | F |
| Reyes Santiago Emanuel De Jesus | F | F | F | F | F | F | F | F | F | F | F | F | F | F | F | F | F | F | F | F | F | F | F |
| Reyes Garcia Matias Alejandro | A | F | F | A | A | F | F | F | F | F | F | F | F | F | F | F | F | F | F | F | F | F | F |
| Robles Namour Neizan Azai | F | F | F | A | A | A | A | F | A | A | F | A | A | F | A | A | F | F | A | A | A | A | A |
| Rodriguez Reyes Javier Andres | F | F | F | A | A | A | A | F | A | A | F | A | A | F | A | A | F | F | A | A | A | F | F |

CONTROL DE ASISTENCIA DE ATLETAS A SESIONES DE ENTRENAMIENTO

| Entrenador: Marlon Estrada | Dias: Lunes Miercoles Viernes | | | | | | | | Mes: Mayo | | | | |
|--------------------------------------|-------------------------------|------------|------------|------------|------------|------------|------------|------------|------------|------------|------------|------------|------------|
| HORA 2:00 A 3:00 PM | 03/05/2024 | 06/05/2024 | 08/05/2024 | 10/05/2024 | 13/05/2024 | 15/05/2024 | 17/05/2024 | 20/05/2024 | 22/05/2024 | 24/05/2024 | 27/05/2024 | 29/05/2024 | 31/05/2024 |
| Ardon Cabrera Lucia Valentina | A | A | A | A | A | A | F | A | A | A | A | A | A |
| Armijo Espino Camila Nicol | F | A | F | F | A | F | F | A | F | A | F | A | F |
| eduardo rafael garcia carrera | | | | | | A | A | A | A | A | A | A | A |
| Escalante ORTEGA Juan Esteban | A | A | A | A | A | F | A | A | A | F | A | A | A |
| Fatima Liset Flores | F | A | F | F | A | F | A | F | A | F | A | F | A |
| Garcia Dominges Lucas Adrian Martin | A | A | A | A | A | A | F | A | A | A | A | A | A |
| Hengtenberg Hernandez Konzanz Lizeth | A | A | A | A | F | F | F | A | A | A | F | A | A |
| Hernandez Arceño Jose Maria | A | F | A | A | A | A | A | A | A | A | A | F | A |
| Hernandez Rcenio Juan Pablo | A | F | A | A | A | A | A | F | A | A | F | A | F |
| Hígueros Obando Javier Andre | SIN REGISTRO | | | | | | | | | | | | |
| Portillo Villagran Ariela | A | A | A | F | A | A | F | A | A | A | A | F | A |
| Reina Jeronimo Padme Carmina | A | F | A | F | F | A | F | F | A | A | F | A | A |
| Robles Tirado Fatima | SIN REGISTRO | | | | | | | | | | | | |
| Sats Ordoñez Nathaly Maria | SIN REGISTRO | | | | | | | | | | | | |
| Velasquez Carrera Matias | A | A | A | A | F | A | A | F | A | A | A | A | A |
| Velasquez Carrera Mia Monserrat | A | A | A | A | F | A | A | A | A | A | A | A | A |
| Zepeda Caniz Juan Pablo | F | A | A | A | A | A | A | A | A | A | A | A | A |
| HORA 3:00 A 4:00 PM | | | | | | | | | | | | | |
| Bravo Velasquez Rodrigo Sebastian | A | F | A | A | A | A | A | A | A | F | A | A | A |
| Crespo Hernandez Graciela Mariline | F | F | A | A | A | A | A | A | A | A | A | F | A |
| Cuartango Padilla Giovanna | F | F | A | F | A | A | F | A | A | A | A | A | A |
| Flores Morales Adriana Sayuri | SIN REGISTRO | | | | | | | | | | | | |
| Garrido Sanchez Kiara Nicol | F | A | F | F | F | F | F | F | A | F | F | A | F |
| Giron Martinez Alexander Gabriel | F | F | A | F | F | F | F | A | A | A | A | A | A |
| Mayen franco Jose David | A | F | A | A | F | A | A | A | F | A | A | A | A |
| Mayen Franco Jose Daniel | A | F | A | A | F | A | A | A | A | A | F | A | A |
| Mayen Franco Alexia Jordania | A | A | A | A | A | A | A | A | A | F | A | A | A |
| Menchu Velarde Erick Armando | A | F | A | A | A | F | A | A | A | A | A | A | A |
| Morales Dardon Diego Alejandro | F | A | A | A | A | A | A | A | A | A | A | FF | A |
| Morales icute Camila | A | F | A | A | A | A | F | A | A | A | F | A | A |
| Oliva Cachere Mia Alexandra | F | A | A | A | A | A | F | A | A | F | F | F | F |
| Ortiz Ogario Ines | F | A | A | A | A | A | A | A | A | F | A | A | A |
| Paredes Teque nathaly Sofia | | | | | | A | A | A | A | A | A | F | A |
| Rodriguez Reyes Ian Santiago | SIN REGISTRO | | | | | | | | | | | | |
| Subuyuc Lima Elizabeth | A | A | A | A | A | A | A | A | A | A | A | A | F |
| Veliz Billatoro Angel Bladimir | SIN REGISTRO | | | | | | | | | | | | |
| Wong Lopez Erick Antonio | SIN REGISTRO | | | | | | | | | | | | |
| Wong Lopez Sofia Victoria | SIN REGISTRO | | | | | | | | | | | | |
| HORA 5:00 A 6:00 PM | | | | | | | | | | | | | |
| Bolaños Filiph Farrinton | SIN REGISTRO | | | | | | | | | | | | |
| Carrillo Osoy Cristel Samanta | F | F | A | A | A | F | F | A | A | A | F | A | F |
| Cordero Veliz Elizabeth Nicol | SIN REGISTRO | | | | | | | | | | | | |
| Farrinton Bolaños Elaine | A | F | F | F | F | F | F | F | F | F | F | F | F |
| Farrinton Bolaños Ariane | A | F | F | F | F | F | F | F | F | F | F | F | F |
| Garcia Soto Ignacio | A | F | F | A | A | F | F | A | F | A | F | F | A |
| Giron Martines Alexander Gabriel | A | A | A | A | A | A | A | A | A | A | A | A | A |
| Gomez Dias Alfredo Alejandro | A | A | A | A | A | A | A | A | A | A | A | A | A |
| Maldonado Martines Diego Andre | A | A | A | A | F | A | A | A | A | A | A | A | A |
| Perez Gomez Mia Daniela | SIN REGISTRO | | | | | | | | | | | | |
| Perez Gomez Angeli Sofia | A | A | A | A | F | A | A | A | A | A | A | A | A |
| Polaco Mejia Ayrton | SIN REGISTRO | | | | | | | | | | | | |
| Ramirez Moeschler Bastian Santiago | A | F | F | F | A | A | F | A | F | A | F | A | F |
| Rodriguez Reyez Ian Santiago | SIN REGISTRO | | | | | | | | | | | | |
| Sanchez Gordillo Valentina | F | A | A | F | A | A | F | A | F | A | A | F | A |
| sosa Sofia Daniela | SIN REGISTRO | | | | | | | | | | | | |
| Valdez Bruno Cristian Mateo | F | F | F | A | F | A | F | A | F | A | F | F | F |

| CONTROL DE ASISTENCIA DE ATLETAS A SESIONES DE ENTRENAMIENTO | | | | | | | | | |
|--|---------------------|------------|------------|------------|------------|------------|------------|------------|------------|
| Entrenador: Marlon Estrada | Dias: Martes Jueves | | | | | Mes: Mayo | | | |
| | 02/05/2024 | 07/05/2024 | 09/05/2024 | 14/05/2024 | 16/05/2024 | 21/05/2024 | 23/05/2024 | 28/05/2024 | 30/05/2024 |
| HORA 2:00 A 3:00 PM | | | | | | | | | |
| Maldonado Aredondo Diego Alejandro | SIN REGISTO | | | | | | | | |
| Prado Plician Carmen Alicia | F | F | A | A | A | A | A | A | A |
| Tobar Monterroso Siria Idalia. | A | A | A | A | A | A | A | A | A |
| Valdez Cabrera Magali | SIN REGISTO | | | | | | | | |
| HORA 3:00 A 4:00 PM | | | | | | | | | |
| Buezo Sosa Anthony Emanuel | F | A | F | A | F | A | F | F | A |
| Colon Mateo Rosella Marieta | SIN REGISTO | | | | | | | | |
| De Leon Tahuite Jose Guillermo | A | A | A | A | A | A | A | A | A |
| De Leon Tahuite Juan Fernando | A | A | A | A | A | A | A | A | A |
| Gudiel Noriega valery nicol | A | A | A | F | F | A | F | A | A |
| Guerrero Bonilla Maya Valentina | A | F | A | A | A | F | F | F | F |
| Hernandez Vasquez Emili Sofia | F | F | F | A | A | A | F | A | A |
| Juarez Murga Teo | A | A | A | A | A | A | A | A | A |
| mateo martines jose carlos | | | | | A | A | A | A | A |
| mateo martines adian alexander | | | | | A | A | A | A | A |
| Salazar Sara Maria | SIN REGISTO | | | | | | | | |
| shaminez Ramirez Jared eliel | A | A | A | A | A | A | A | A | A |
| HORA 5:00 A 6:00 PM | | | | | | | | | |
| Juarez. Bonilla Lenin Francisco | SIN REGISTO | | | | | | | | |
| Morales Sarg Debora Rossana | SIN REGISTO | | | | | | | | |
| Negreros Spell Monica Lorena | A | F | A | A | A | A | A | A | A |
| Quezada Chajon Stephanie Daniela | A | F | A | A | A | A | A | A | A |
| Ramirez Perez Giovanni Misrain | | A | A | A | A | A | A | A | A |
| Robles Lima Miranda | SIN REGISTO | | | | | | | | |
| Santos Pelades Lesly Sofia | SIN REGISTO | | | | | | | | |
| Tejada Vega Raquel Pamela | A | F | F | F | A | F | A | A | F |
| zhang Li jennifer | | | | | A | A | A | A | A |